**Mia Evans – Osteoarthritis**  
**Overview:**  
Mia Evans, a 63-year-old retired nurse, has been living with osteoarthritis for 6 years. Osteoarthritis affects the joints, causing pain and stiffness. She lives at 890 Cedar Lane, Westfield, CO, 80001. Contact number: (555) 890-5678.

**Medical History:**

* **Past Medical History:** Diagnosed with osteoarthritis 6 years ago. Also has a history of knee and hip joint pain.
* **Surgical History:** Underwent knee arthroscopy 3 years ago.
* **Family Medical History:** Mother had osteoarthritis; father had rheumatoid arthritis.
* **Allergies:** Allergic to certain NSAIDs.
* **Medications:** Uses pain relievers and joint supplements.
* **Lifestyle:** Engages in low-impact exercise, follows a balanced diet, and manages weight.

**Previous Doctors:**  
Dr. Karen Mitchell, her rheumatologist, manages her osteoarthritis treatment and monitors joint health. Dr. David Lee, her primary care physician, oversees overall health and coordinates care.

**Symptoms:**  
Mia experiences joint pain, stiffness, and reduced mobility. Symptoms are managed with medication, physical therapy, and lifestyle modifications.

**Diagnosis:**  
Osteoarthritis was diagnosed through clinical evaluation, joint imaging, and a history of joint symptoms.

**Treatment:**  
Treatment includes pain management, physical therapy, and lifestyle adjustments to manage symptoms and improve joint function.